

## **Mind Art® Advanced – Mind Power Certification Program**

The Mind Power Certification Program conducted by ISSTAC® in association with GNNLP and NLP Kerala®. ([www.mindpowerworkshops.com](http://www.mindpowerworkshops.com))

(Note: We provide the course certificate under the title 'Mind Power Certification Program'. The participant who successfully completes mind power certification program is entitled to practice and teach/train mind power techniques. We provide 'Mind Power Certified Trainer' certificate under certain specific criteria.)

### **Objectives of the program**

- To have the realization about the power within us.
- To move from failure conscious to successes conscious.
- Practice real faith in our-self, others, the universe and the almighty (universe/almighty).
- To learn to attract positive elements in our life.
- To find the ways of being happy achieving blissfulness.
- To have the union of Mind, Body and the Universe/ Consciousness/ Wholeness/ Athma/ God/ Almighty/ Allah.
- To strengthen the knowledge on various concepts connected to mind power.
- To equip participants capable enough to be certified practitioners of Mind Power.
- To improve the presentation and delivery skills of the Mind Power practitioners for successfully introducing the concepts wherever and whenever they want.
- To equip the mind power practitioners to maintain professionalism.

## **Syllabus of the course**

### **Day One**

- Introductory sessions
- Mind Art® course details
- Course objectives
- Definitions of mind power
- Frequently asked questions
- Historical development of mind power concepts
- Know about mind power literature
- How to visualize – four step method
- Success consciousness
- The power of blessing
- Mind, heart and soul
- Ecological right – not paradox
- Doing, being and having
- Assignments
- Mind power meditation and practices
- Question- answer session

### Day Two

- Basic mind power principles
- EFT as a mind power enhancing tool
- Yoga and Pranayama as a mind power enhancing tool
- Meditation as a mind power enhancing tool
- Exercise as a mind power enhancing tool
- Assignments
- Mind power meditation and practices
- Question- answer session

### Day Three

- Mind power theories and mind control practices
- Core principle no: 1
- Structure of thoughts
- Brain waves
- Core principle no: 2
- Core principle no: 3
- Features of thought energy
- Improving mind power teaching /training skills
- Assignments
- Mind power meditation and practices
- Question- answer session

### Day Four

- Core principle no: 4
- Thoughts, imagination and visualization
- The power Imagination
- Aim of mind power practitioners
- Core principle no: 5
- The functions of consciousness
- Meta cogitation
- Script rewriting
- Past life therapy
- Improving mind power teaching /training skills
- Assignments
- Mind power meditation and practices
- Question- answer session

### Day Five

- Mind control practices
- Core principle no: 6
- Type of mind control practitioners
- Controlling conscious mind
- Controlling subconscious mind
- 5 senses and 5 human organs
- Variables affecting meditation
- Improving mind power teaching /training skills
- Assignments
- Mind power meditation and practices
- Question- answer session

### Day Six

- Type of meditations
- Martial arts and mind controlling practices
- Direct mind control techniques for practice
- Self-affirmation and practices
- Mind power and western psychology
- Core principle no: 6 A
- Structure of the mind
- Understanding mind through psychology
- Functions of conscious mind
- Functions of subconscious mind
- Creative consciousness
- Improving mind power teaching /training skills
- Assignments
- Question- answer session

### Day Seven

- Reality functions of Mind
- Core principle no: 7
- Supernatural power of humans
- Core principle no: 7 A
- Four Laws
- The power of law of attraction
- Science of law of attraction
- Core principle no: 8
- Cognitive reframing
- Discovering higher purposes
- Psychosomatic disorders

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- Treasure map technique
- Improving mind power teaching /training skills
- Assignments
- Question- answer session

#### Day Eight

- Core principle no: 9
- Core principle no: 10
- Unblocking blocks – know your blocks
- Choosing happiness
- Values of mind power practitioner
- Mind power theories and goal setting
- Creative visualization
- Art of forgiveness and its techniques
- Core principle no: 11
- Steps of creative visualization
- Core principle no: 12
- Healing
- Universal healing principles
- Direct healing
- Distant healing
- Healing meditations
- Assignments
- Question- answer session

#### Day Nine

- Doubt clearing, question- answer session
- Evaluation
- Certification process